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TITLE: ANTHROPOMORPHIC PHANTOMS AND METHOD

BACKGROUND OF THE INVENTION

1. Field of the Invention:

The present invention relates to the field of ultrasound imaging devices including diagnostic medical ultrasound, continuous wave Doppler, pulsed Doppler, duplex Doppler/imaging systems, color power Doppler, color-flow Doppler and methods for using them in medical imaging and other such applications. More particularly, this invention relates to phantoms used to assess the performance of ultrasound imaging devices, to measure quality assurance, and to teach ultrasound imaging and medical ultrasound guided techniques.

2. Description of the Related Art:

Medical ultrasound imaging is used in a variety of different medical procedures. Among its applications is its use as a diagnostic testing modality and a method of guiding invasive procedures. Heretofore, ultrasound-imaging procedures have traditionally been performed by technicians and interpreted by physicians within radiology departments. Today,

1 such procedures may be performed in outpatient clinics, hospital specialty care units, assisted
2 care facilities, and in patient's homes by qualified nurses, technicians, and physicians.

3 A successful medical ultrasound imaging procedure should cause minimal patient
4 injury and discomfort. Factors that determine whether a procedure is successful include the
5 healthcare worker's skill level, his or her ability to properly interpret and identify normal and
6 abnormal anatomic structures and artifacts displayed during the procedure, and his or her
7 understanding of the limitations of the ultrasonic imaging equipment system.

8 It is very important for a healthcare worker who performs an ultrasonic imaging
9 procedure to be adequately trained. Today, hands-on training is carried out on cadavers,
10 animals, consenting patients, and on phantoms designed to simulate human tissue.
11 Unfortunately, cadavers, animals, and consenting patients are not widely available for
12 training.

13 One drawback with ultrasonic phantoms found in the prior art is that they do not have
14 the "look and feel" of human tissue during an ultrasonic imaging procedure. A second
15 drawback is that they are not self-sealing after puncturing with a cannula or needle, thereby
16 limiting their number of uses. A third drawback is that they do not include internal structures
17 designed to simulate normal and abnormal anatomical structures typically found during an
18 ultrasonic imaging procedure on human tissue. A fourth drawback is that they are susceptible
19 to mold growth and quickly dry out when exposed to air for extended periods.

20 21 **SUMMARY OF THE INVENTION**

22 It is an object of the present invention to provide an improved anthropomorphic,
23 ultrasonic phantom that has the appearance and the "look and feel" of living human tissue

1 when used during an ultrasonic imaging procedure.

2 It is the object of the present invention to provide an ultrasonic phantom that utilizes
3 conduits within the material to simulate blood vessels.

4 It is another object of the present invention to provide such an ultrasonic phantom that
5 may include scattering agents that simulate the sonographic characteristics of living human
6 tissue.

7 It is another object of the present invention to provide such an ultrasonic phantom that
8 may include optional internal structures that simulate both normal and abnormal anatomical
9 structures or conditions found in living human tissue.

10 It is further object of the present invention to provide a method of manufacturing an
11 ultrasonic phantom into any desirable anatomical structure upon which an ultrasonic imaging
12 procedure is performed.

13 It is a still further object of the present invention to provide such an ultrasonic
14 phantom that is self-sealing when punctured during an ultrasonic imaging procedure, not
15 susceptible to mold growth and does not dry out when exposed to air and room temperatures
16 for relative periods.

17 These and other objects of the present invention are met by the anthropomorphic
18 phantom disclosed herein made of a moldable chemical composition that closely simulates
19 living human tissue during an ultrasonic imaging procedure. The chemical composition is
20 made of two thermoplastic elastomers, which are melted, slowly mixed together and then
21 poured into a rigid primary mold. The primary mold is designed to produce a realistic
22 anatomical structure or a section of tissue placed into a plastic anatomical model. When the
23 chemical composition cools and cures, it has self-sealing characteristics that allow repeated

1 punctures by a needle or cannula thereby making it ideal for use as a training tool for
2 ultrasonic imaging training. The chemical composition is also mold resistant and is relatively
3 stable at room temperature for long periods.

4 When heated, the chemical composition has sufficient viscosity to evenly suspend
5 varying amounts of scattering agent throughout the entire phantom. During manufacturing,
6 the amount of scattering agent added to the mixture is selectively adjusted to produce a
7 phantom that has the "look and feel" of real human tissue. Because the phantom is prepared
8 by a molding process, various internal objects, cavities, and conduits may be formed inside
9 phantom that simulate either normal or abnormal structures and conditions commonly
10 detected in human tissue. The internal cavities and conduits are formed by placing a
11 removable secondary mold inside the primary mold. After the chemical composition has
12 cured, the secondary forms are removed, thereby forming an empty cavity or conduit inside
13 the phantom. Later, the cavities and conduits may be filled with a fluid or material that
14 simulates the natural fluid or material.

15 Also disclosed herein is a method of manufacturing the above-described phantom.
16

17 DESCRIPTION OF THE DRAWINGS

18 Fig. 1 is a side elevational view of a leg-shaped ultrasonic phantom shown between
19 two mold members that are joined together to make a primary mold.

20 Fig. 2 is a side elevational view of the ultrasonic phantom shown in Fig. 1 showing a
21 long rod and two short rods being removed from the phantom during the manufacturing
22 process.

23 Fig. 3 is a perspective view of a section of the ultrasonic phantom showing the

1 formation of a cavity inside the phantom using a removable secondary mold and various
2 small, hollow and solid objects imbedded in the phantom.

3 Fig. 4 is a perspective view of the upper section of the leg-shaped phantom shown in
4 Figs. 1, 2 and 4 showing the ends of the long and short conduits being filled with blood
5 simulating liquid and sealed off with plugs.

6 Fig. 5. is a diagram that shows the thermoplastic elastomers and a scattering agent
7 being added to a mixing tank to produce the chemical composition used to manufacture the
8 phantom.

9 Fig. 6 is a perspective view of the primary mold used to manufacture a phantom that
10 is used with a head and neck model shown in Fig. 7.

11 Fig. 7 is a head and neck model with the phantom produced by the primary mold
12 shown in Fig. 6 inserted into the model's phantom cavity.

13 Fig. 8 is a perspective view of the primary mold used to manufacture a phantom that
14 is used with an arm model shown in Fig. 9.

15 Fig. 9 is a perspective view of an arm model with the phantom produced by the
16 primary mold shown in Fig. 8.

18 DESCRIPTION OF THE PREFERRED EMBODIMENT(S)

19 Referring to the Figs., there is shown an anthropomorphic phantom 10 disclosed
20 herein made of a chemical composition 11 that has the 'look and feel' of human tissue during
21 an ultrasonic imaging procedure. The chemical composition 11 is made of moldable material
22 thereby enabling the phantom to be formed in a wide variety of different anatomical
23 structures. Although the chemical composition 11 is substantially non-reflective during an

1 ultrasonic image procedure, varying amounts of a scattering agent 25 may be added to the
2 chemical composition 11 thereby enabling the manufacturer to adjust the sonographic
3 characteristics of the chemical composition 11 to more closely mimic human tissue.

4 In the preferred embodiment, the chemical composition 11 are thermoplastic
5 elastomers 12, 13 that are melted and then poured into a rigid primary mold 15. The
6 thermoplastic elastomers 12, 13 are commercially available compositions comprised in part
7 of highly plasticized styrene, ethylene, butylene, styrene block copolymers. The individual
8 elastomers 12, 13 are sold under the trademarks TOUGH GRADE and EASY POUR,
9 respectively, by Sutton Industries of North East, MD. While Sutton Technologies makes
10 appropriate thermoplastic elastomers for the invention, multiple mixes can be used. The two
11 thermoplastic elastomers 12, 13 are heated, mixed together in a 60:30 ratio. For practical
12 purposes, the term thermoplastic elastomers is defined as a material which has rubber like,
13 stretchy qualities i.e. easily returns to its original shape when stretched and which can be
14 melted and molded at sufficient temperature.

15 The rigid primary mold 15 is made of two mold members 16 and 20 with two inside,
16 complimentary-shaped casting surfaces 17A, 17B formed therein, respectively. Fig. 1 shows
17 the two mold members 16, 20 longitudinally aligned, registered and joined together to form a
18 leg producing primary mold 15. As discussed further below, each mold member 16, 20
19 includes an outer shell 16A, 20A and at least one end plate 19 and 21, respectively. The
20 casting surfaces 17A, 17B on the mold members 16, 20, respectively, form the anterior and
21 posterior surfaces, respectively, on the phantom 10.

22 The thermoplastic elastomers 12, 13 are semi-solids at room temperature and become
23 fluidic at temp above approximately 145 degrees C. Heating may be accomplished using

1 ovens, heated vats, and open pans. Most preferably, a heated tank 24 with a piston pump 26
2 dispensing mechanism sold by Nordson, Inc, of Duluth, MN. is used to heat and dispense the
3 thermoplastic elastomers 12, 13. When the two thermoplastic elastomers 12, 13 are melted
4 they are slowly and thoroughly mixed with a scattering agent 25 in the heated tank 24 so that
5 air bubbles are not introduced. After being thoroughly mixed together, the mixture of
6 thermoplastic elastomers 12, 13 and scattering agent 25 is slowly poured into a fill opening
7 28 formed on the mold member (mold member 16 shown).

8 The scattering agent 25 added to the elastomers 12, 13 imparts sonographic
9 characteristics to the chemical composition 11 that simulate the sonographic characteristics
10 of living human tissue. It is widely known that scattering of the ultrasound occurs when an
11 incident wave is reflected in many directions after interacting with a structure whose
12 dimensions are similar to or less than the wavelength of the ultrasound. The distribution of
13 the scattered ultrasound is critically dependent on the dimensions of the target compared to
14 the wavelength.

15 In the embodiments disclosed herein, the total amount of scattering agent 25 added to
16 the chemical composition 11 is selectively adjusted depending on the type of anatomical
17 structure the phantom 10 represents. Examples of the scattering agent 25 include but not
18 limited to talcum powder, graphite powder, and glass spheres. In the preferred embodiment,
19 talcum powder is used as a scattering agent because of its ready availability and low cost.
20 Typically, talcum powder is added in a concentration of .5-4 grams per liter.

21 After connecting the mold members 16, 20 together to form the primary mold 15, and
22 after dispensing the chemical composition 11 into the opening 28, the chemical composition
23 11 is allowed to gradually cool to room temperature. After the chemical composition 11 has

1 cured for approximately 2 hours, the mold members 16, 20 are disconnected and separated so
2 that the phantom 10 may be removed. When the scattering agent 25 is mixed with the
3 thermoplastic elastomers 12, 13, a uniform sonographic image is produced throughout the
4 entire phantom 10. In other instances, it may be desirable to vary the sonographic imaging
5 areas by varying amount of scattering agent 25 in different areas in the phantom 10. For
6 example, additional amounts of scattering agent 25 may be sprinkled into the chemical
7 composition 11 as it is poured into the primary mold 15 to create small areas with contrasting
8 sonographic characteristics. How much scattering agent 25 may be added and where it is
9 added depends on the type of phantom being manufactured. An example where a localized,
10 increased amount of scattering agent 25 is added to a specific region in the phantom 10 is
11 when a dense anthropomorphic imaging structure, such as large muscles or tumors, is
12 mimicked. If additional amounts of scattering agent 25 is sprinkled over large areas of the
13 phantom 10, areas on the phantom 10 where no or small amounts of scattering agent 25 are
14 present may be used to mimic areas that show less sonographic imaging, such as gallbladders,
15 hypoechoic masses, arteries, and ovarian follicles.

16 One or more long and short conduits may be formed in the phantom 10 to simulate
17 blood vessels and ducts. In the leg phantom 10 shown in Fig. 1, one long conduit 27 is
18 longitudinally aligned and formed inside the phantom 10 that represents the femoral artery.
19 Formed adjacent to the long conduit 27 are two short conduits 33, 33' designed to represent
20 two smaller arteries that extend outward from the femoral artery.

21 To manufacture the femoral and branch arteries, a long rod 37 and two short rods 38
22 and 38' are placed in the primary mold 15. The end of the long rods 37 extend through an
23 opening 22 formed on the end plate 21 on the mold member 20. The short rods 38, 38' are

1 aligned diagonally inside the primary mold 15 with the proximal ends touching the long rod
2 37 and the distal ends extending through openings 18, 23 formed on the sides of the outer
3 linings 16A, 20A of the two mold members 16, 20. By placing the proximal ends of the short
4 rods 38, 38' adjacent to the long rod 37, long and short conduits 27, 33, 33' appear to be
5 connecting to the long conduit 27. Also, by extending the ends of the rods 37, 38, 38'
6 through the openings 18, 22, 23, the rods 37, 38, 38' can be easily grasped and removed from
7 the phantom 10 after the composition 11 has cured as shown in Fig. 2. In the preferred
8 embodiment, the long and short rods 37, 38, 38'' are made of bendable, heat tolerate material
9 that enable them to withstand temperatures used to melt the thermoplastic elastomers 12, 13.
10 An example of material used to produce the rods is a synthetic resinous plastic material sold
11 under the trademark (Delrin™) by E.I. De Pont Nemours and Company, of Wilmington,
12 Delaware. This particular product is availability in a wide variety of shapes and size and can
13 be easily shaped as necessary to create a desired form.

14 After the rods 37, 38, 38' have been properly placed in the primary mold 15 and the
15 two mold members 16, 20 have been connected together, the chemical composition 11 is
16 poured into the fill opening 28 to completely fill the inside leg-shaped cavity and to covering
17 the rods 37, 38, and 38'. After the chemical composition 11 has cooled and cured, the rods
18 37, 38, 38' are removed and the two mold members 16, 20 are disconnected.

19 In the preferred embodiment, short plugs 40 are placed into the end openings 30, 36,
20 36' on the conduits 27, 33, 33', respectively. A suitable glue or adhesive 41 may be used to
21 hold the short plugs 40 in the conduits 27, 33, 33'. In the preferred embodiment, the short
22 plugs 40 are made of the chemical composition 11 so that the short plugs 40 blend into the
23 surround phantom 10 and are not visible during the ultrasonic imaging procedure.

1 In some instances, it is desirable to fill the conduits 27, 33, 33' with a blood-
2 simulating fluid 45. In the preferred embodiment, the blood simulating fluid 45 is made of
3 20% polyethylene glycol, 79.5% distilled water, 0.5% red food coloring and 0.2% sodium
4 benzoate which acts as a preservative. A red or blue color dye may also be added to the fluid
5 45 to indicate if the blood vessel is an artery or vein, respectively. The blood-simulating fluid
6 45 may be injected into the conduits 33, 33' with a suitable syringe and needle. When a large
7 quantity of fluid 45 is needed such as the amount needed to fill the long conduit 27, the fluid
8 45 may be dispensed via a nozzle 46 connected to a delivery tube 47 and a large volume
9 container.

10 As shown in Fig. 3, the phantom 10 may include optional cavities 56 (one shown) that
11 mimic an anthropomorphic cavity in the human tissue. The cavity 56 may be hollow or filled
12 with a solid object 51 or a body fluid simulating liquid, such as fluid 45. Alternatively, the
13 cavity 56 may be filled with molten chemical composition 11 with more less scattering agent
14 25'' added thereto to provide a contrasting sonographic image.

15 Also, solid, smaller objects 55, such as glass beads or marbles, may be scattered in the
16 phantom 10 to mimic small tumors, thrombus or calcifications.

17 To create a large cavity, organ or tumor in the phantom 10, a spherical or oval-shaped
18 secondary mold 60 with a narrow, elongated handle 62 may be placed inside the primary
19 mold 15 at a desired location. The end 63 of the elongated handle 62 is positioned adjacent
20 to the inside surface of the primary mold's outer lining. After the chemical composition 11
21 has been poured into the primary mold 15 and surrounds the secondary mold 60, the chemical
22 composition 11 is allowed to cure. After curing, the phantom 10 is removed from the
23 primary mold 15. The end of the elongated handle 62 is then pulled to extract the spherical

1 mold 60 from phantom 10 as shown in Fig. 3. The cured chemical composition 11 is
2 sufficiently elastic so that the secondary mold 60 may be pulled from the phantom 10 without
3 tearing or rupturing the phantom 10. A solid object 51 or a blood-simulating fluid 45 may
4 then be deposited in the cavity 50 with a suitable plug 40 made of chemical composition 11
5 disposed in the opening to the elongated handle space to prevent leakage.

6 In the preferred embodiment, the phantom 10 represents an anatomical structure, such
7 as a leg as shown in Figs. 1, 2, and 5. In some instances, however, the phantom 11 is
8 designed to represent a section on a rigid model that represents a large anatomical structure.
9 For example, Fig 6 shows a primary mold 15' used to manufacture a phantom 10' designed to
10 be inserted into the cavity 82 in the head and neck model 80 shown in Fig. 7. Phantom 10' is
11 made of the chemical composition 11 described above with a plurality of long and short
12 conduits 27, 33, 33' formed in the phantom 10' that represents the main blood vessels in the
13 neck.

14 Fig. 8 shows another primary mold 15'' used to manufacture a phantom 10'' designed
15 to be inserted into the cavity 92 formed in an arm model 90 shown in Fig. 9. The arm model
16 90 includes a forearm shaped section 93 with a hand section. Extending through the hand
17 section 94 is tubing 95 designed to connect to the long conduit 27 formed in the phantom
18 10''. A pump 100 may be attached to the opposite ends of tubing 102, 104 that connect to
19 the tubing 95 that extends through the forearm section 93 and hand section 94 to circulate a
20 blood simulating fluid 45 through the arm model 90 during training.

21 In addition to the above described phantom, a method of manufacturing an ultrasonic
22 imaging phantom is also disclosed which comprises the following steps:

- 23 a. forming a primary mold designed to form a human anatomical casting;

1 b selecting a suitable volume of thermoplastic elastomers that when heated fills
2 said primary mold;
3 c. heating the thermoplastic elastomer until melted;
4 d. selecting one or more sound scattering compounds capable of causing a
5 diffuse scattering pattern in said phantom;
6 e. mixing said scattering compounds in said melted thermoplastic elastomer;
7 f. pouring the melted thermoplastic elastomer and scattering agent into said
8 primary mold.
9 a suitable mold; and,
10 g. removing said phantom from said primary mold. In compliance with the
11 statute, the invention described herein has been described in language more or less specific as
12 to structural features. It should be understood, however, that the invention is not limited to
13 the specific features shown, since the means and construction shown is comprised only of the
14 preferred embodiments for putting the invention into effect. The invention is therefore
15 claimed in any of its forms or modifications within the legitimate and valid scope of the
16 amended claims, appropriately interpreted in accordance with the doctrine of equivalents.